HOW CAN I REPORT?

Staff and faculty are in a unique position to demonstrate compassion to our students who are in distress. Students may feel alone, isolated, or hopeless when faced with challenges. You may be the first person to notice because you have frequent and prolonged contact with them.

SAFETY FIRST

- Don't hesitate to call for help. Know your limits.
- You aren't expected to solve the problem.
- Seek support yourself if needed.
- Listen sensitively and carefully.
- Use a non-confrontational approach and a calm voice.
- Don't criticize or judge.
- Try using the phrase, “I’ve noticed and am concerned. Are you aware that there are resources available to help you?”
- Explain the impact of their behavior. Know your campus resources.
- Be proactive. Engage students as soon as you see an issue.
- Be Direct. Ask students about what you see.
- Follow through.
- Refer the student to the appropriate resource and encourage them to make appointment.
- Consult and document.

CAMPUS RESOURCES

- Care Coordination: 573-341-4211
- Counseling Services: 73-341-4211
- Dean of Students: 573-341-4292
- Equity & Title IX: 573-341-7734
- International and Cultural Affairs: 573-341-4208
- Office of Graduate Studies: 573-341-4141
- Office of Academic Support: 573-341-7276
- Residential Life: 573-341-4218
- Student Health Services: 573-341-4284
- S&T Police: 573-341-4300
- Student Disability Services: 573-341-6655
- Miner Wellness: 573-341-4225

RESOURCE INFORMATION

ucare.mst.edu/facultystaff
Ask.Listen.Refer.
asklistenrefer.org/mst

CONTACT

ucare.mst.edu
Email: ucare@mst.edu

Krista Morris-Lehman
Care Coordinator
morrislehmank@mst.edu
573-341-4211

Patti J. Fleck
Director - Counseling Services
pfleck@mst.edu
573-341-4211

Barb S. Prewett
Assistant Dean of Students
bprewett@mst.edu
573-341-4209
SINGS OF DISTRESS

- Decline in academic or work performance
- Repeated absences
- Requests for special considerations that aren’t warranted
- Disruptive or disturbing behavior
- Dramatic changes in appearance, behavior, or weight
- Problems at home, work, or with classes
- Making disturbing comments in email, letters, online, or assignments
- Agitation, anxiety, or dramatic mood shifts
- Garbled, tangential, disconnected, or slurred speech
- Problems with alcohol or drugs
- Sad, isolating behaviors
- Excessive fatigue or sleeping in class or at work
- Paranoid or suspicious behaviors
- Frequently angry, easily frustrated, or extreme irritability
- Struggles with mental health or physical health
- Threats to self or others
- Expressions of concern about the student by peers
- Injuries
- Suspected abuse

HOW DO I REPORT?

EMERGENCY
If the student shows reckless, dangerous, or threatening behavior, call 911 or S&T Police at 573-341-4300, then submit UCARE report at ucare.mst.edu

NON EMERGENCY
If the student is showing signs of distress, but you aren’t sure of the severity, contact Counseling Services or UCARE for a consultation. Submit a UCARE report if needed. If after hours or a holiday, call S&T Police at 573-341-4300.

If the student is having academic or personal problems and could use support or additional resources, refer to appropriate resources and submit UCARE report.

WHAT ABOUT PRIVACY?

FERPA allows university faculty and staff to share observations about student behavior, student statements, and concerns about students with S&T personnel who have responsibility for the welfare of students, including law enforcement. FERPA and other privacy regulations allow S&T officials to release information to police, parents, or others whose knowledge of the information is necessary to protect the safety and health of the student or others. Consideration for student privacy should be given before information is shared with people other than those suggested above. Questions about when such disclosure is appropriate can be answered by the campus general counsel.
Our professionally licensed counselors/psychologists provide free and confidential services on a time-limited basis to students and benefit-eligible staff and faculty.

Let us help you with

- Stress management
- Depression
- Family concerns
- Clarifying interests
- Conflict resolution
- Grief
- Motivation
- Selecting a major

204 Norwood Hall
573-341-4211
counsel@mst.edu
A disability does not have to be a barrier to your academic success. The SDS office ensures that qualifying students have a level playing field on which to pursue their educational goals.

The SDS staff works individually with students to provide:

> Academic accommodations and support services within resources of S&T
> Equal access to classrooms, course curriculums, and sponsored programs
> Specialized accommodative services based on the student’s needs and documentation

203 Norwood Hall
573-341-6655
dss@mst.edu
MINER WELLNESS

Through health education and promotion, Miner Wellness strengthens the well-being of S&T students and reduces the impact of high-risk behavior.

- Workshops and presentations
- Bystander Intervention (STEP UP!)
- Special events and student-led programming (Joe’s PEERS)
- Information/awareness tables
- Individual consultation
- Student Health 101
- Brief Alcohol Screening & Intervention for College Students (BASICS)
- Cannabis Screening & Intervention for College Students (CASICS)
Services Include

> Assistance navigating campus and community resources
> Referrals to on- or off-campus resources
> Exploration of and referral for mental health or physical health concerns
> Coordination and follow up during and after hospitalization and/or medical leaves of absence
> Help managing complex medical needs
> Crisis management
> Problem solving
> Strengthen support systems and self-advocacy skills
> Provide support, monitoring, and follow up services
> Identify needs, resources, and support systems
The Missouri University of Science and Technology Student Emergency Fund was established by Counseling Services in 2016. The fund assists S&T students by providing financial support with unexpected emergency expenses. Students sometimes have unforeseen circumstances that greatly impact their lives. The fund allows students to meet their needs and continue their education.

Students may apply for the fund once they have exhausted other resources. The funding is a one time option and does not need to be repaid. Students who are in need of funds may submit an application and appropriate documentation to the care coordinator. Students set up a brief meeting with the care coordinator to make sure they have appropriate follow up in place. Funds are provided only when there is funding available and are generally awarded in amounts between $25-$500. After submitting the required form and documentation and meeting with the care coordinator, students will be informed of the decision along with follow up instructions. Decisions are made by a three person committee. The committee will receive appropriate information about the situation.

ELIGIBILITY REQUIREMENTS

> Applicants must have a financial hardship resulting from an emergency, accident, or other unexpected critical incident. This hardship must have a direct impact on the student’s academic success at the university.
> Applicants must be currently enrolled students. It is strongly preferred that they be in good standing academically and not on disciplinary probation.
> Resources, including emergency loans through Student Financial Assistance, must have been considered and are insufficient, unavailable, or not available in a timely manner. Emergency funds are generally not used for ongoing needs. The student may work with the care coordinator to look at permanent solutions.
> Applicants must complete the form below and submit supporting documentation.

EXPENSES POTENTIALLY COVERED

> Groceries
> Medications and other costs related to medical care
> Safety needs (i.e. changing a lock)
> Replacement of essential personal belongings due to fire, theft, or natural disaster
> Travel costs related to a death or illness in the immediate family

EXPENSES NOT COVERED

> Tuition and fees
> Parking tickets or other fines
> Non-essential utilities (i.e. cable), household, or furniture costs not related to damage or theft

GIVING

The number of students who can be served by this resource is limited by the availability of funds. The fund is sustained by continual contributions from alumni, parents, faculty, staff and friends of the University. To make tax deductible donations, please contact University Advancement at 800-392-4112 or giving.mst.edu (choose Other and write in Student Emergency Fund).

For more information please contact Krista Morris-Lehman (cc@mst.edu or 341-4211) or visit carecoordination.mst.edu
Full Name: ______________________________________  Student ID#: ______________________
Email Address: __________________________________  Cell Phone Number: ____________________
Local Address: ___________________________________  Permanent Address: ________________________

Current Year in School: ____________________________  Major: ______________________________________
Are you currently enrolled at Missouri S&T? Yes □ No □
Are you currently receiving financial aid? Yes □ No □
Please indicate the purpose for the funds (i.e. food, medical bills, etc.): ________________________________
Amount of funds requested: ________________________
Please explain why these funds are needed. How will the funds be used, if granted?
_______________________________________________________________________________________________________________
_______________________________________________________________________________________________________________
How may these unexpected expenses affect your ability to remain enrolled at Missouri S&T?
_______________________________________________________________________________________________________________
_______________________________________________________________________________________________________________
Please explain your efforts to look into other resources for assistance with these unexpected expenses (i.e. family, community, campus resources):
_______________________________________________________________________________________________________________
_______________________________________________________________________________________________________________
Please attach documentation (i.e. copy of bills, receipts, legal notices, etc.)
Signature: ____________________________  Date: ______________
By signing this document I realize information about my situation will be shared with a three person committee made up of the care coordinator and two other S&T staff.

Approved □ Not Approved □ Pending □
Notes: ____________________________________________________________________________________________
__________________________________________________________________________________________________
Name: ____________________________  Signature: ____________________________  Date: ________________________
Name: ____________________________  Signature: ____________________________  Date: ________________________
Name: ____________________________  Signature: ____________________________  Date: ________________________
The Missouri University of Science and Technology Student Emergency Fund was established by Counseling Services in 2016. The fund assists S&T students by providing financial support with unexpected emergency expenses. Students sometimes have unforeseen circumstances that greatly impact their lives. The fund allows students to meet their needs and continue their education.

EXPENSES POTENTIALLY COVERED

- Groceries
- Medical
- Books
- Safety Needs
- Personal Belongings
- Travel

APPLICATION PROCESS

1. Complete the Student Emergency Fund application thoroughly and submit any supporting documentation.
2. Meet with the care coordinator to discuss your situation.
3. Committee reviews the application and makes a decision. Criteria for approval will be based on eligibility, documentation of need, and availability of funds.
4. Payments are made directly to vendors and outside parties.

ONE TIME FUNDING OF $25 - $500

That Does Not Need to Be Repaid

For more information visit carecoordination.mst.edu
University Committee for Assistance, Response, and Evaluation (UCARE)

CHALLENGE: Available information is often scattered with various individuals having different pieces of the puzzle

WHEN TO REPORT

If you know a student who appears to be.....

- Experiencing a decline in work or academic performance
- Demonstrating disruptive or disturbing behavior
- Showing dramatic changes in appearance, behavior or weight
- Having problems at home, with classes or work
- Making disturbing comments in email, letters, web or papers
- Hyperactive, anxious or experiencing dramatic mood shifts
- Abusing alcohol or drugs
- Sad or isolating socially
- Acting paranoid or suspicious
- Frequently angry or easily frustrated
- Struggling with health problems

A MULTIDISCIPLINARY APPROACH TO MAKE OUR CAMPUS THE SAFEST ENVIRONMENT POSSIBLE

ucare.mst.edu

HOW TO REPORT

REPORT ONLINE
ucare.mst.edu

UCARE
ucare@mst.edu
341-4209

Krista Morris-Lehman
morrislehmank@mst.edu
341-4211

Resource Information
ucare.mst.edu/facultystaff

Ask.Listen.Refer.
asklistenrefer.org/mst
UCARE was formed following incidents that highlighted the need for greater communication and preparedness regarding students facing distress. UCARE focuses on prevention and effective response strategies.

**UCARE COMMITTEE MEMBERS**

Connie Arthur – Manager, Student Disability Services (573) 341-6655, conniea@mst.edu

Alison Ayers – Assistant Director for Student Life/Greek Life (573) 341-6697, ayersar@mst.edu

Mindy Bryson - Nurse Practitioner Student Health Services (573) 341-4284, brysonml@mst.edu

Joni Burch – Associate Director for Residential Life (573) 341-4218, burchj@mst.edu

Dr. Patti J. Fleck – Director for Counseling Services (573) 341-4211, pfleck@mst.edu

Dr. Dennis Goodman – Director for Student Health Services (573) 341-4284, dgoodman@mst.edu

Cady Holmes-Muskovin – Interim Director for Institutional Equity and Title IX (573) 341-6314, holmescj@mst.edu

Siobhan Macxis – Intake Officer, Institutional Equity and Title IX (573) 341-7739, macxiss@mst.edu

Krista Morris-Lehman – Care Coordinator, Counseling Services (573) 341-4211, morrislehmank@mst.edu

Rachel Morris – Assistant to the Vice Provost for Academic Support (573) 341-7600, rachelm@mst.edu

Neil Outar – Interim Chief Diversity Officer (573) 341-6038, naoutar@mst.edu

Barb S. Prewett – Assistant Dean of Students (573) 341-4209, bprewett@mst.edu

Doug Roberts, Director of University Police (573) 341-4300, robertsdb@mst.edu

**REFERRAL STATISTICS**

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<th>Year</th>
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<th>13-14</th>
<th>14-15</th>
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**What does UCARE do?**

- Prevention and planning
- Consults and communicates
- Gathers information
- Assesses circumstances
- Develops action plans
- Responds
- Process improvement

University Committee for Assistance, Response and Evaluation (UCARE)

ucare.mst.edu

Revised December 2017
Know the Warning Signs
Although most depressed people are not suicidal, most suicidal people are depressed – know the warning signs of depression:

- Feelings of worthlessness or guilt
- Pessimism
- Hopelessness
- Loss of interest/pleasure in formerly enjoyable activities
- Change in appetite or weight
- Sleep problems
- Helplessness
- Anxiety
- Social withdrawal
- Decrease in sexual drive
- Fatigue or loss of energy
- Diminished ability to think or concentrate, slowed thinking or indecisiveness
- Thoughts of death, suicide, or wishes to be dead
- Unrelenting low mood

There are other signs that someone may be considering suicide

- Increased use of alcohol and/or other drugs
- Recent impulsiveness and taking unnecessary risks
- Current talk of suicide, expressing strong wish to die, or talking about wanting “pain” to end
- Making a suicide plan
- Giving away prized possessions
- Saying goodbye to friends/family
- Purchasing a firearm
- Obtaining other means of killing oneself

Learn more @ asklistenrefer.org!
What to Do

Ask and listen. Talking about the person’s thoughts openly and frankly can help prevent a person from acting on them. This may include asking if the person has a particular plan or method in mind.

You might think mentioning suicide may give the person the idea but this is highly unlikely; if someone is showing warning signs of being suicidal, he or she has, in all likelihood, already thought about it.

Give hope. Sometimes people can’t think of any other solutions to what is causing the distress. You can acknowledge that the person currently feels hopeless but also convey that things can get better and there are other options. You may even be able to offer some alternative actions.

Do not attempt to argue anyone out of suicide. Rather, let the person know you care and understand, that he or she is not alone, that suicidal feelings are temporary, that depression can be treated, and that problems can be solved. Avoid the temptation to say things such as, “You have so much to live for,” or “Your suicide will hurt your family or friends.”

Be genuine. If professional help is indicated, a person is more apt to follow such a recommendation if you have genuinely listened to him or her.

Refer Person to Seek Professional Help

Be actively involved in encouraging the person to see a physician or mental health professional immediately. Individuals contemplating suicide don’t believe they can be helped, so you may have to do more such as offering to go with the person to his/her appointment.

In an Acute Crisis
(If you are still worried the person may harm him/herself)

- Dial 911 if immediate assistance is needed, particularly if you feel the person has already taken action (e.g., swallowed pills) or may do so without quick intervention.
- Find local resources for help by visiting suicide.missouri.edu and navigate to the ‘Looking for help?’ section.
- You or the person about whom you are concerned may call the Mid-MO 24-hour crisis hotline at (800) 395-2132, or the National Suicide Prevention Life-line at (800) 273-8255.

Remember to stay with the person (or on the phone) until help is available.

Resources Available in Missouri

- Mid-Missouri Crisis Hotline: (800) 445-5035
- The Trevor Lifeline: (866) 4-U-TREVOR (866-488-7386)
- Veterans Suicide Prevention Lifeline: (800) 273-8255 ext. 1
- Suicide Prevention Resources Website: suicide.missouri.edu

Want to learn more about how to help a friend?
Visit the Ask Listen Refer website at asklistenrefer.org and click on your campus!

Written by the University of Missouri Counseling Center. 119 Parker Hall, Columbia, MO 65211. (573) 882-6601
This publication is brought to you by Partners in Prevention, a coalition of twenty universities in Missouri.
Partners in Prevention is funded by the Missouri Department of Mental Health.
Our mission at student health is to keep students healthy and reduce the amount of class time missed due to illness. Student Health is here to care for students if they get sick or injured while on campus. Student Health provides non-emergency medical treatment for most illnesses or injuries.

**Services Offered**

> Routine Office Visits  
> Preventative Healthcare  
> Orthopedics and Sports Medicine  
> Travel Medicine  
> Procedures  
> Laboratory  
> Allergy Injections  
> Medical Equipment  
> ADHD/ADD
The mission of the Burns & McDonnell Student Success Center is to serve all Missouri S&T students as a campus resource that will provide high quality customer service, effective information, and support as students persist in their journey towards their educational goals.

The B&MSSC is designed for students to feel comfortable about utilizing the various resources available to them here at Missouri S&T.

The B&MSSC was developed as a campus-wide initiative to foster a sense of responsibility and self-directedness to all S&T students by providing peer mentors, caring staff, and approachable faculty and administrators who are student centered and supportive of student success.

What Students Are Saying About the SSC!

“Everything you do truly helps me succeed here at S&T and I’m very grateful there’s a place like this on campus.”

“Great service. Very informational. All questions I had were answered.”

198 Toomey Hall
(573)341-7596
success@mst.edu
studentsuccess.mst.edu

TUTORING

Individualized tutoring is available free of charge for a variety of courses. Our tutors are trained and understand that everyone learns differently!

86% of students who utilized the B&MSSC tutoring program in Fall 2015 either increased or retained their grade in the course they were tutored.

To find the complete tutoring schedule, visit our website at studentsuccess.mst.edu or visit the Burns & McDonnell Student Success Center in 198 Toomey Hall.

OUR MISSION

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(573)341-7596
success@mst.edu
studentsuccess.mst.edu
SUCCESS COACHES

Our coaching sessions are tailored to your specific needs. Sit down with a Success Coach one-on-one and talk about your academic journey: your approach, your success, your struggle.

*Topics covered include: time management, study skills, goal setting, motivation, etc.*

Let us help you create an effective plan that will lead you to success. Schedule your coaching session online or stop by!

"Without continual growth and progress, such words as improvement, achievement, and success have no meaning."

- Benjamin Franklin

FACULTY CORNER

Check out our faculty corner! We invite faculty members to hold their office hours in the B&MSSC. This helps encourage students to interact with their professors in a neutral and localized environment.

WORDS OF WISDOM

“Demand to understand—don’t go to the lecture with unanswered questions.”

- Dr. Miller, Professor, Metallurgical Engineering & Associate Chair for Undergraduate Programs

“Don’t be afraid to put yourself in uncomfortable situations.”

- Mary Puleo, Success Coach

THERAPY DOGS

Meet our therapy dogs! Like us on Facebook to know when the therapy dogs are in. Unwind with the help of stress-relieving puppies!

SOPHOMORE SUMMIT

A conference style program designed to help second year students navigate the next level of their college experience.

MAJORS & MINORS

An information fair designed to help students learn more about Missouri S&T’s academic programs.

OUR PROGRAMS

FINAL COUNTDOWN

The week before finals, we invite therapy dogs to the B&MSSC, extend our tutoring hours, and give away prizes. Come relax in the Student Success Center as you prepare for your final exams!

RECONNECTION I & II

Reconnection I & II are designed for incoming freshmen students. Interact with friends from Opening Week while learning about tools and resources to move forward at S&T.

S&T TRAILBLAZERS

A community of first-generation students, staff, and faculty, this program is designed to inspire students to blaze a new trail in college.
Enjoy the trip towards academic success!
You served, now let us serve you. We aim to be a one-stop shop. We provide the necessary tools to ensure that all veterans and service members can reach their educational goals. We offer the support and resources you deserve.

- Enjoy our well-equipped facility. Sit down, study, chat, and relax. Let us be your home away from home.
- Seek information and advice from our Student Veteran Advisor and our Veterans’ Consuls. They will answer your questions about campus and collegiate life.
- Utilize our in-house resource archive for help with: academics, Veterans Affairs, GI Bill, University programs, and more!

Mission Statement
The mission of the Student Veterans Resource Center is to serve all Missouri S&T student veterans and service-members as a campus resource that will provide high-quality customer service, effective information, and support as students persist towards their educational goals.

“Like” us on Facebook: S&T Student Veterans Resource Center
Email us at: svrc@mst.edu
Check out our website: svrc.mst.edu

Flags posted at our Heroes’ Field event, Nov. 2017

M - F: 8 am - 4:30 pm
610 W. 10th St., Rolla, MO 65401
svrc@mst.edu; svrc.mst.edu

Ground Floor of the Baptist Student Union at the corner of 10th and S. Bishop, across from Kummer Student Design Center
Welcome to the Student Veterans Resource Center (SVRC). This location is designed to serve student veterans and service members as they transition from military life to civilian student life. We are here to help students succeed.

The SVRC offers:
- Study areas & wi-fi
- Visiting veteran parking spots
- S&T computers/printers
- CAC Readers at each computer
- Access to Advisor/Tutors/Consuls
- Relaxation lounge
- Wall lockers/storage
- Free snacks and coffee
- Refrigerator and microwave
- Resource Library and Guidebook
- GI Bill
- VA
- Transition Assistance
- University Programs

**Meet the Crew**

**Garrett Coffey, Student Veteran Advisor**
573-341-6117
garrett.coffey@mst.edu

Founder of the Student Veterans Association on campus, and an S&T alum, he enjoys his work of ensuring that veterans can reach their educational goals.

**Veterans Consuls**

Comprised of S&T students and student veterans, the Consuls support the SVRC and its programs. They are trained to help guide others to collegiate success. Ask them about effective study skills, academic resources, campus offices, and more!

**Our Programs**
- Lunch Councils, featuring special guests from campus and around the community
- Night to Network invitation
- New Student Veteran Orientation
- Re-Spec-T Transition Assistance
- Game Nights
- Majors & Minors
- Family and social events
- Professional Development
- Graduation Recognition

**SVRC History**

The Student Veterans Resource Center (SVRC) was founded in spring of 2016 through the dedicated work of the student veterans on campus and the Student Veterans Association (SVA). This initiative was implemented by the Student Veterans Association's advisor, Steve Tupper, and its then founder and president, Garrett Coffey.

The SVA was founded in 2013 to support student veterans on and off the S&T campus. In the spring of 2015, SVA was awarded a $10,000 grant from the Student Veterans of America (of which their organization is a chapter) and Home Depot to build a veterans center on campus.

S&T supported the work of SVA and the campus service members by funding the SVRC as a permanent campus office, and by providing resources and staff. A location was established off campus, ground floor of the Baptist Student Union at 610 W. 10th Street.

The rest is history. Please feel welcome to visit the SVRC anytime.
about sexual discrimination, harassment, violence, stalking and relationship violence.

DID YOU KNOW?
PCRMC provides rape examinations by specially trained nurses and basic medical care. The exam is free and confidential. It is not necessary to make a police report to utilize these services.

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CONSENT TO SEXUAL ACTIVITY IS KNOWING AND VOLUNTARY.

Someone who is incapacitated cannot consent. Silence or absence of resistance does not establish consent. Consent to one form of sexual activity does not imply consent to other forms of sexual activity. Consent to engage in sexual activity with one person does not imply consent to engage in sexual activity with another. Consent must be obtained at the time of the specific activity and can be withdrawn at any time. Lack of consent or withdrawal of consent may be communicated by words or non-verbal acts. Consent and lack of consent are not always explicit.

INCAPACITATION OCCURS WHEN AN INDIVIDUAL LACKS THE ABILITY TO MAKE RATIONAL, REASONABLE JUDGMENTS AS A RESULT OF ALCOHOL (OR OTHER DRUG) CONSUMPTION.

An incapacitated person cannot give a valid consent. Having sexual activity with someone who you know to be, or should know to be, incapacitated (mentally or physically) is a violation of policy.

• Sexual contact with someone one knows to be or should know to be incapacitated (mentally or physically) is a violation of university policy.

SEXUAL MISCONDUCT IS DEFINED AS:

1. Unwelcome sexual advances or requests for sexual activity by a person or persons in a position of power or authority to another person, or
2. Unwelcome sexual advances or requests for sexual activity by a person or persons in a position of power or authority to another person, or
3. Exposing one’s genitals to another under circumstances in which he or she should reasonably know that his or her conduct is likely to cause offense or alarm.

SEXUAL DISCRIMINATION OCCURS WHEN A PERSON HAS BEEN TREATED UNFAIRLY BASED ON SEX, GENDER IDENTITY, OR GENDER EXPRESSION.

Specifically, the UM System prohibits the following forms of sex discrimination: sexual harassment, sexual misconduct, sexual exploitation, stalking on the basis of sex and dating/intimate partner violence.

Examples include:

• Being excluded from an event because you are a woman.
• Being denied admission to a University event because you are a man.
• Being treated in a sexual manner without your consent.

SEXUAL HARASSMENT IS DEFINED AS:

1. Unwelcome sexual advances or requests for sexual activity by a person or persons in a position of power or authority to another person, or
2. Unwelcome sexual advances or requests for sexual activity by a person or persons in a position of power or authority to another person, or
3. Exposing one’s genitals to another under circumstances in which he or she should reasonably know that his or her conduct is likely to cause offense or alarm.
4. Sexual exploitation.

SENIOR – A CARING COMMUNITY

DO SOMETHING WHEN YOU SEE DICKY BEHAVIOR.

• If you witness someone trying to hold an incapacitated person into a private room, see someone forcing drinks to another person, or acting sexually aggressive, find a friend to help you and intervene.

• Liberate: pay attention to your friends. If you can help them, if they are being targeted in a vulnerable situation.

Learn more about bystander intervention and the Step Up training program at stepup.mst.edu.

SEXUAL VIOLENCE INCLUDES:

1. Unwelcome sexual advances or requests for sexual activity by a person or persons in a position of power or authority to another person, or
2. Unwelcome sexual advances or requests for sexual activity by a person or persons in a position of power or authority to another person, or
3. Exposing one’s genitals to another under circumstances in which he or she should reasonably know that his or her conduct is likely to cause offense or alarm.

IF YOU EXPERIENCE SEXUAL VIOLENCE

1. Go to a safe place, and contact someone who can help you, a friend, family member, or call a resource (campus and off-campus resources are listed at the back cover of this publication).
2. Assist in preserving evidence. Do not change clothes, shower, bathe, brush teeth, eat, or drink. If possible, do not urinate.
3. Get a medical examination to ensure proper treatment. There may be hidden physical injuries.
4. Request that a rape examination be performed and any evidence be stored.
5. Ask about the risks for HIV, pregnancy, and other sexually transmitted infections.
6. Arrange for confidential counseling.
7. Write down everything you can remember happening. That will help you and your hearing process, and in any legal action you might choose to take.

DO NOT BE AFRAID TO REPORT.

Knowing that incidents may feature elements of these offenses because of the fear of potential consequences, Missouri S&T has established an inciency policy. The impacted parties are encouraged to report the incident to the University Title IX Coordinator/Office of Student Rights and Responsibilities for minor student conduct violations and the accused and the accused.

1. Refer and facilitate access to counseling, medical services and/or mental health services.
2. Limit contact.
3. Adjust course, assignments, exam schedules.
4. Adjust work schedules, work assignments, supervisor, responsibilities, supervise reporting responsibilities or work arrangements.
5. Alter on-campus housing arrangements, dining arrangements or other campus services.
6. Alter extracurricular activities.
Missouri S&T does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, gender identity, gender expression, age, disability or status as a protected veteran.

Report all incidents of discrimination, discriminatory harassment, sexual harassment, sexual misconduct, domestic violence, stalking and sexual violence. You may use any or all of the following courses of action:

**SUPPORT (CONFIDENTIAL)**
Trained professionals are available to help with emotional and physical healing.
- Counseling, Disability Support and Student Wellness
  204 Norwood Hall, 573-341-4211, counsel@mst.edu
- Student Health Services
  910 W. 10th St., Rolla, MO 65409, 573-341-4284, mstsha@mst.edu
- Phelps County Regional Medical Center
  1050 W. 10th St., Rolla, MO 65401, 573-458-8899, pcrmc.com

**ADMINISTRATIVE RESPONSE**
The Title IX Coordinator will help you in understanding the process of seeking administrative action according to university policies. More information about Title IX is available at titleix.mst.edu. You can also report online at titleix.mst.edu/reporting.
- Title IX Coordinators
  Neil A. Outar, J.D., Title IX Coordinator
  Interim Chief Diversity Officer
  605 W. 11th Street
  573-341-6038, 573-202-4185 (after hours), naoutar@mst.edu
  Cady Holmes-Muskovin, Deputy Title IX Coordinator
  Interim Director of Equity and Title IX
  203 Centennial Hall, 300 W. 12th St.
  573-341-6314, holmescj@mst.edu

**LEGAL OPTIONS**
If you wish to pursue criminal charges, S&T Police and/or Rolla Police Department can assist you.
- University Police Department
  1201 N. State St., G10 Campus Support Facility, Rolla, MO 65409-0470
  573-341-4300, police@mst.edu, police.mst.edu
- Rolla Police Department
  1007 N. Elm St., Rolla, MO 65401, 573-308-1213.
  Confidential Hotline: 573-364-0111, roliacity.org/police/police.shtml