Mental Health
- S&T Counseling Services 204 Norwood 573-341-4211
- The Center Clinic 575 Blues Lake Parkway 573-364-2007
- Pathways 1450 E. 10th St. 888-403-1071;
  Triage Hours: Mondays & Thursdays 9am-11am, Tuesdays 1pm-3pm
- Your Community Health 1081 E. 18th St. 573-426-4455
- Suicide Prevention Hotline 800-273-8255
- Crisis Text Line Text HOME to 741741

Health Care
- S&T Student Health Services 910 W. 10th St. 573-341-4284
- Phelps Health 1000 W. 10th St. 573-364-9000
- Mercy Clinic 1605 Martin Spring Dr. 573-458-6300
- Your Community Health 1081 E. 18th St. 573-426-4455
- Tri-Rivers Family Planning 1032 B Kingshighway 573-364-1509

Local Resources (call for more information and qualifying details)
- S&T Student Emergency Fund 202 Norwood 573-341-4211
- S&T Student Diversity Initiatives Food Pantry 605 W. 11th St. 573-341-7286
- GRACE (help with rent, utilities, food) 601 N. Elm St. 573-368-5577
- Phelps County Food Distribution (3rd Saturday of the month) 573-368-3040
- Greentree Mobile Food Pantry (1st Tuesday of the month) 573-364-2649
- The Mission (laundry, meals) 708 N. Main St. 573-308-5474
- Salvation Army (help with rent, utilities, food) 102 E. 4th St. 573-368-4919

*This list is not exhaustive and does not imply endorsement by Missouri S&T. Please contact the Care Coordinator at cc@mst.edu or 341-4211 for more referrals.